



April 19th 2015

# the igloo

cyclosportive

## New venue! New route! Same name

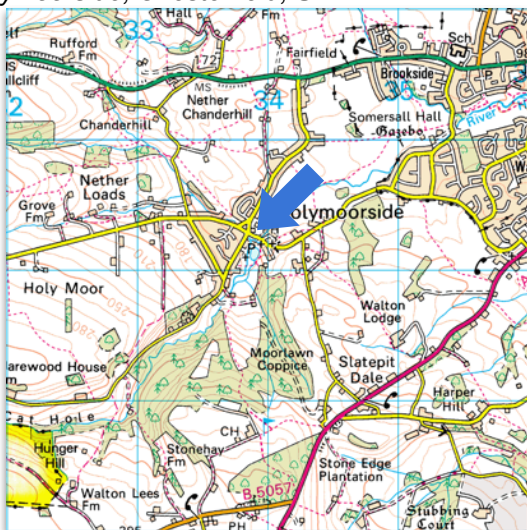
The Igloo Sportive is back for a 3rd year with a new start venue and a completely new route providing a fresh road biking challenge in and around the Eastern Peak District.

The new 131km long route (with a total of 2666m of climb) goes clockwise from Chesterfield this time heading initially south towards Crich and then turning north towards Rowsley before heading off “trans-peak” in the direction of Sheffield via Chatsworth Park and the superb 20% climb over Curbar Gap – other notable climbs including the ascents of Dethick (Matlock), the tough 25% ascent of Sir William Hill (Grindleford) and the not to be missed Beeley Hillside on the final leg to the finish. The shorter 67km (but no less interesting!) route has 1380m of climb and is basically the southern loop of the longer ride.

## Key Event Information

### 📍 Start Location

Holymoorside Village Hall, Holymoorside Rd,  
Holymoorside, Chesterfield, **S42 7DX**



### 🚗 Parking

There is **limited parking** on-site (follow event signs), when that's full parking is **"DIY/on-street"**

### ☰ Registration

Registration opens at **7:30am**

Start time between **7:45am – 9:30am**

**\*\*We strongly advise all riders of the long route to start before 9:00am to ensure they reach the cut off time at the feed-stations\*\***

Finish closes at **5:00pm**

### Registration process

At **registration** you will have to **sign on**, where you will be **provided** with a **SPORTident Si Card** ‘dibber’ and a detailed **route map**.

The detailed **route map** will include positions of the **feed-station/control-point**, **public toilets** and **route split points**. This is your own personal guide to the route, the route will be clearly marked but if you are ever unsure of where you are please refer to your map. **Please keep your map with you** for the duration of the event.

## SPORTident timing

SPORTident timing is **ultra reliable**, **weather proof** and provides you the rider with an **instant post event time**. Consisting of a **SPORTident Si card** or "**dibber**" (a small plastic tag about 2" long with a timing chip in it) and a **control box**. The dibber records the time when you "**dib**" into **control box**. At **registration** your **dibber** will be attached to your wrist.



There are **4 different places** you need to "**dib**"

- 1. START**
- 2. FEED-STATION(s)**
- 3. FINISH**
- 4. DOWNLOAD BOX**

At the **start dib** into the **START BOX** to begin your ride. **DO NOT START WITHOUT DIBBING** otherwise your time will not be recorded!

At every feed-station there will be a **FEED-STATION BOX**. It is **COMPULSORY** to **STOP** and **dib** even if you don't want any sustenance.

At the **finish dib** in the **FINISH BOX** to stop the clock on your ride.

Finally return to **event HQ** and **return the dibber and download your ride in the DOWNLOAD BOX**. Instantly you will be printed a ride time for you route.

**\*\*The key things to remember is dibbing is compulsory NO EXCUSES\*\***

## Course Signage

The **Igloo** route will be signed with distinctive **Blue arrows** on a **Yellow background** attached to **lampposts/signposts/telegraph poles**.



The route will be **well signed** however on long sections of unbroken road where the **route is obviously straight on** then it **won't be signed just keep going straight!** At difficult junctions where navigation isn't easy we will put out **confirmation arrows** after the junctions.

**All route splits** will be clearly marked with **distinctive split arrow signs** - these will be followed by **route confirmation signs** designating which route you are now following.

If at any point you are unsure as to your location or think you may have gone off route please **refer to the map** provided. **Do not** continue on hoping to

re-find the route. The Peak District is very easy to get lost in!

**Care signs** will be placed at the side of the road before **dangerous junction/descents** please adhere to them, they are there for your safety! Some of the descents are steep please take care and remember it is not a race! **Respect other road users.**

## Beat the Bonk Feed-Station

**Improved** for 2015, our feed-stations will keep you topped up with a range of different brands of **sports nutrition products** supplied by Sheffield based independent online retailer **Beat the Bonk**. In addition there will also be **water, biscuits, bananas** and **fruit squash**. **These are not to be relied on** and riders are advised to carry what they require from the beginning.

## Event Photos

There will be an official photographer at the event, full details tbc in due course.

## Event Certificates

**Every Igloo finisher** will receive either a **Gold, Silver or Bronze certificate** (see timing award below).

## Abandoning your event

If for any reason you are **unable to continue** but still able to ride **please return** to the **HQ** using your map as navigation.

**All riders** who decide to abandon **MUST return** to **HQ** to return your 'dibber' and inform us your abandonment. **We don't** want to be out **searching for anyone** after the event has finished!

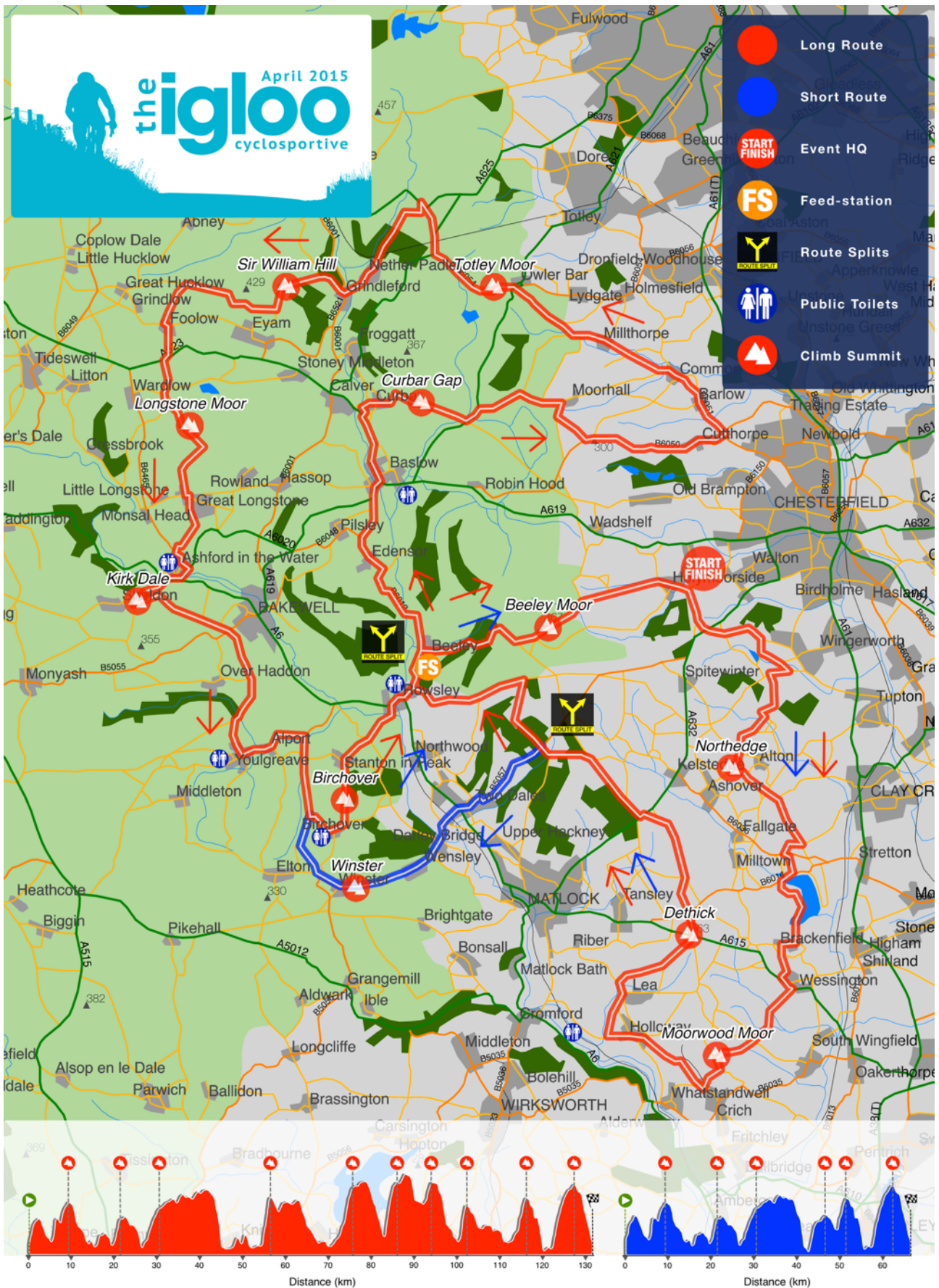
## At the finish

At the **finish** make sure you '**dib**' in the **last checkpoint** to **stop** the **clock** on your ride. Then make your way back to registration to return and download your time from the 'dibber' and receive your finishing certificate.

## Post ride refreshments

**Hot drinks, cake** and **savoury snacks** will be made available to all riders at the **finish**.

# Route Map & Profiles



## 🏆 Timing Awards

### Igloo Long 131km / 81miles

Award	Gold	Silver	Bronze
Men	Sub 5hrs 30	Sub 6hr 45	6hr 45+
Women	Sub 6hr 15	Sub 7hr 30	7hr 30+

### Igloo Short 67km / 41miles

Award	Gold	Silver	Bronze
Men	Sub 3hr 25	Sub 4hr 15	4hr 15+
Women	Sub 4hr	Sub 4hr 45	4hr 45+

## 🏃 Cut off Time

Route	Feed station	
	Rowsley/Beeley	Rowsley/Beeley
Long	11:30am	4:00pm
Short	N/A	4:00pm

All riders **must** reach the **cut off times** at each feed-station.

If you **fail** to **reach** the **control/feed-station** by the **cut off time** you will need to head directly back to HQ using the event map as supplied.

**\*\*Finish closes at 5:00pm prompt\*\***

## 🎒 Essential Kit

### No Helmet No Ride!

It's that simple any rider who doesn't have a cycling helmet at the start will **not** be **allowed** to **start**. **No excuses!** Only **ANSI** or **BSI** helmets – **not** climbing, caving or canoeing types



### 📱 Mobile Phone, ID, Money..

All riders are **required** to carry a **form of ID** (in case of emergencies), **mobile phone**, **watch** and **emergency money**

## 🚲 Bike

Ensure your bike is **roadworthy** and in **good working order**

approximately 1-2 weeks before the event in order to give yourself plenty of time to bed in new brake blocks, chains and cassettes, seat, new tyres etc. This way potential problems arise in advance of the event rather than on the day.



## 🔧 Essential spare kit

There is a broom wagon however all riders must be **self sufficient** so bring all the tools, pumps and tubes you would on a normal ride.

- ✓ **Road Pump** (able to inflate to at least 85 psi)
- ✓ **2 inner tubes** (minimum)
- ✓ **Multi Tool** (incl. chain tool)
- ✓ **Power Link**
- ✓ **2 Tyre Levers** (they like to break when you most need them!)
- ✓ **CO2 Canister** (to re-inflate tyres back to over 100psi).



## 👕 Essential clothes kit

**Clothing Kit** - keep your eye on the weather forecast and dress accordingly. Unless we are in the middle of a heat wave these are two extra things we definitely think you should carry:

- ✓ **Arm-warmers**
- ✓ **Packable Water Proof**



## 🚚 Broomwagon

There will be an emergency support vehicle, this is there to **help** anyone with any **major mechanicals**.

You are meant to be **self sufficient** so please ensure you have the **tools** and **spares** to cope with punctures and minor mechanicals etc.

If you do however have any major problems please **contact HQ** (see emergency numbers on reverse of map) and we will arrange the **broomwagon** to come to your aid although be warned it may take some time.

**\*\*Show some camaraderie and help out fellow riders in need!\*\***

## Litter

Any riders found **littering** will be **excluded**. Litter bags are provided at all feed-stations so there is **no excuse!!** Keep litter/wrappers/cartons etc in your pockets until you reach a feed-station.

## It is not a race!

Sportives are non-competitive event so please **show respect to all riders and all other road users**. The roads are open and whilst riding on the smaller lanes or where **traffic is busy** please ride in **single file**. Please also be particularly careful of **horses & riders** and warn them of your approach and then pass quietly and carefully.

## Toilets

Please use the marked **public toilets** on the map and **refrain from urinating in public!**

## Route Conditions

All Dark & White Cycling sportives are predominately held on **small country lanes** which are in places a little **broken and rough**. Look out for strips of **gravel** down the middle and at edges of chipped and sprayed roads. Watch out for **mud** on the road if the local farmers have been in and out the fields. We will do our best to put "**Care**" signs up if there any dangerous sections but **please** just

**take care** on descents and don't be surprised to come across a road filled with **tractors, cows, sheep, horses or walkers!**

## Local bike shops

For any last minute bike issues/requirements here is a list of bike shops in the area

**Igloo Cycles** - Chesterfield 01246 272272

## Hospitals

Hopefully no one will need one of these but here are local A&E's

**Chesterfield Royal Hospital**, Calow, Chesterfield, Derbyshire, S44 5BL **01246 277271**

**Northern General Hospital**, Herries Road, Sheffield, South Yorkshire, S5 7AU **0114 243 4343**

## Emergency numbers

These will be **provided** on the **back** of the **Route Map** handed out at registration.

## Rules and Regulation

Please make sure you read all the event here: [rules & regulations](#)



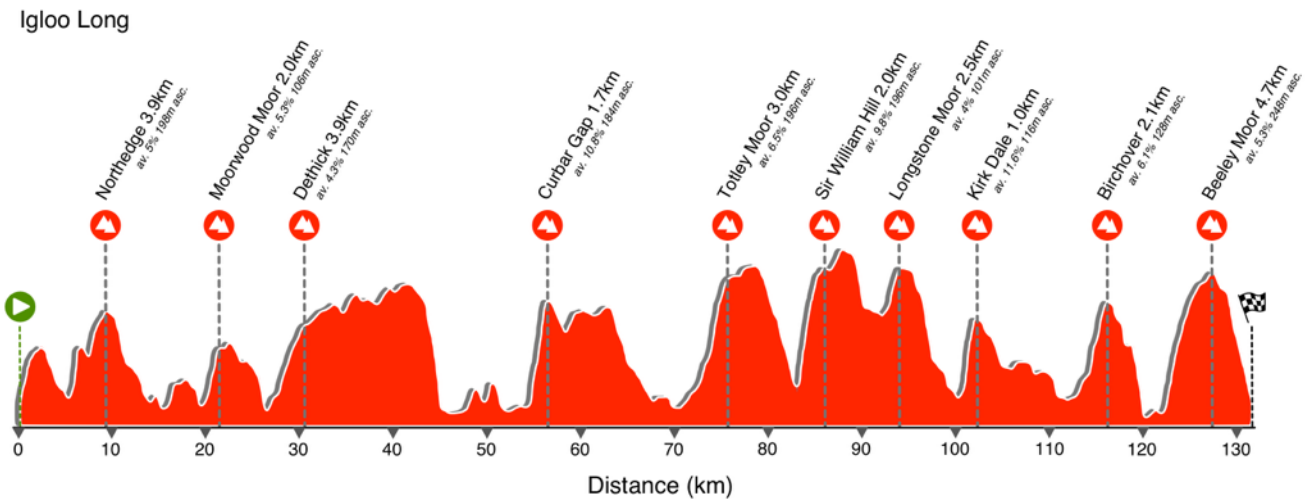
## British Cycling Supported

This is a **British Cycling registered and supported event** - for more details on becoming a British Cycling member with all the associated benefits [Click here for more information](#)

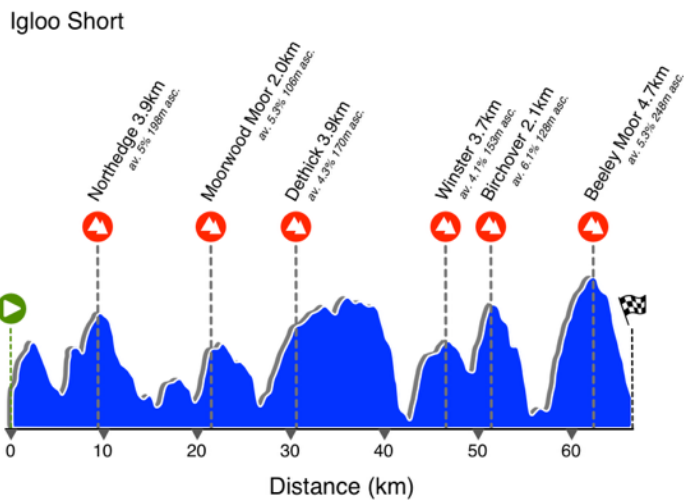


## The Climbs of the Igloo

**Long route 131km including 10 climbs** - Total Ascent 2666m (Garmin) 2400m (ridewithgps.com)



**Short route 67km including 6 climbs** - Total Ascent 1380m (Garmin) 1271m (ridewithgps.com)



En route you will find signs at the bottom of each climb informing you of the average gradient, metres of ascent & length of climb. See the following pages for detailed climb information & course planners comments.

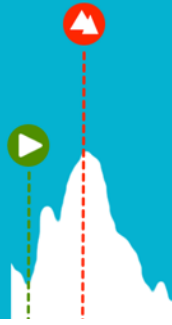
## Northedge

3.9km | 2.4miles

Ascent 198m

Av. Gradient 5%

Max 19%



### Long & Short

A nice 4km climb on quiet country lanes to get you warmed up/in the mood! Leave Wingerworth behind and then it's a sharp climb up through the trees - the road then flattens out for a short distance; shortly after taking a right fork onto a very narrow (and rough in places) lane the rest of the climb starts and it's a steady 6-7% gradient all the way to the t-junction at the summit above Ashover. Take in the superb view to the south when the road starts to descend!

## Moorwood Moor

2km | 1.2miles

Ascent 106m

Av. Gradient 5.3%

Max 15%



### Long & Short

After leaving the A615 at Wessington ride along Moorwood Moor Lane - look up and on the skyline is the memorial tower called Crich Stand and this is basically where you are now heading. The climb proper starts at the junction/crossroads by the White Hart Inn - it's a "short and relatively easy and over with quickly climb" but it's another 2km of ascent in the legs so don't take it for granted.....

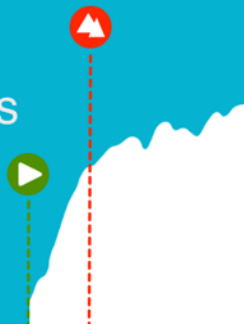
## Dethick

3.9km | 2.4miles

Ascent 170m

Av. Gradient 4.3%

Max 10%



### Long & Short

After a wonderful, swooping descent from Crich (passing the National Tramway Museum on the way) the Dethick climb starts virtually all the way down in the valley by the River Derwent at Lea Bridge. Turn right by John Smedley's factory (a high quality knitwear company Est. 200+ years ago) and you'll find yourself on a surprisingly wide road on nice smooth tarmac. Fork left after approx 1km along the narrower lane then look out for the sharp right turn sign and the climb starts to "reveal" itself. From now on it's onwards and upwards on a perfect Derbyshire country lane at a 5-6% gradient for approx 2km until you reach the main road.

## Winster

3.7km | 2.3miles

Ascent 153m

Av. Gradient 4.1%

Max 15%



### Short

A popular Peak District road biking climb. Enjoy the nice flat section after crossing the A6 at Darley Dale, cross the River Derwent at Darley Bridge and then you've got nearly 4km of ascent ahead of you. The steepest section averaging about 8% is early on as the road climbs up between the houses and then winds it's way through the village of Wensley - leave the houses behind you and after a couple of sharp bends the road eases off - get your breath back and look at the good views to your right of Stanton Moor and the Derwent Valley as you approach the village of Winster.

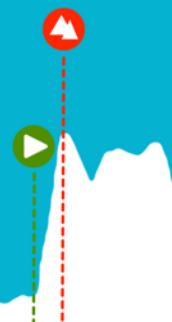
## Curbar Gap

1.7km | 1.04miles

Ascent 184m

Av. Gradient 10.8%

Max 20%



### Long

The spectacular 1.7km climb of Curbar Gap is definitely one you will never forget. There is no easy start, no warm up, just straight into the crux of the climb and its vicious gradient. Once you pass the red telephone box on your right, you can enjoy a brief respite. But it is over far too soon before it is back to 15%+ gradients. You will finally leave the village of Curbar behind and emerge into the countryside and head for the summit at Curbar Gap.

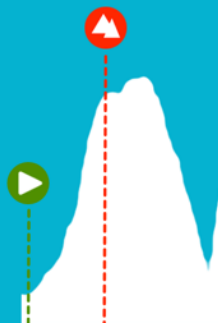
## Totley Moor

3km | 1.9miles

Ascent 196m

Av. Gradient 6.5%

Max 15%



### Long

The only climb of the ride that was used on the original Igloo route. The climb begins with a 500m section averaging around 5% followed by a brief descent. From here the climb really begins to bite: this 1.9km section up to Owl Bar averages around 7/8% with regular pitches over 15%. Once you reach the Owl Bar roundabout the gradient slackens but the road is far more exposed and instead of battling the gradient, you will battle the prevailing westerly wind to reach the summit up on Totley Moor.

## Sir William Hill

2km | 1.2miles

Ascent 196m

Av. Gradient 9.8%

Max 25%



### Long

No rest for the wicked. After a quick descent through Nether Padley you will arrive at the valley floor in the village of Grindleford. The official start of the climb is from the Sir William Hill pub a short climb up from the river Derwent. Time to prepare yourself for 2km of hell. We are not kidding - this is one of the hardest climbs in the Peak District. Steep? Yes, but the killer part is the likelihood of a block westerly head wind you will have to contend with, amplifying the 10% average gradient. The only saving grace is that the gradient does slacken towards the top. Give yourself a big pat on the back at the top as the hardest section of the Igloo is out of the way.

## Longstone Moor

2.5km | 1.5miles

Ascent 101m

Av. Gradient 4%

Max 15%



### Long

A much easier climb than the previous three. Shallow gradients at the top and bottom should allow you to recover from your efforts on Sir William Hill. It is not all easy though, as there is pitch lasting a couple of hundred metres halfway up that will get those legs warm again. Once you pass over the summit and onto the other side you should (if the weather is fine) enjoy stunning views across Bakewell and Chatsworth.

## Kirk Dale

1km | 0.6miles

Ascent 116m

Av. Gradient 11.6%

Max 25%



### Long

A short and nasty climb. The climb quickly ramps up to beyond 10% before hitting the giddy heights of 25% as you enter the trees. From here until the top Kirk Dale's 11% slope never gives you a second's rest. A hard climb 10km into a ride, never mind 100km - don't underestimate this short climb!

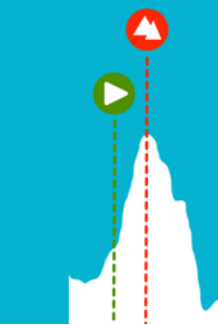
## Birchover

2.1km | 1.3miles

Ascent 128m

Av. Gradient 6.1%

Max 25%



### Long & Short

The road starts to climb immediately after you leave the B5056. It's a steady 5-6% climb until you reach the village (look out for the impressive rock formations on your right hand side by the Druid's Inn). Through the village it is only a slight gradient then it kicks up quite steeply to around the 8% mark just as you pass the entrance to Barn Farm - take an uphill left then a right and you're an easy 0.5km from the top. Historic Stanton Moor is on your right and a BIG Peakland view to your left!



# Beeley Moor

4.7km | 2.9miles

Ascent 248m

Av. Gradient 5.3%

Max 18%



## Long & Short

A beautiful climb for both routes to end on. The 4.4km of Beeley Moor is one to savour. It is easy to go too hard too early on the climb's early slopes and live to regret it further up the climb. The climb begins by weaving its way up through farming fields before reaching the woods of the Beeley and Hell Bank plantations. The initial slopes are hard but as you pass through the plantations and emerge into the moor landscape of Beeley Moor, the gradient slackens allowing you to enjoy the final 2km of climbing of the Igloo Sportive!